

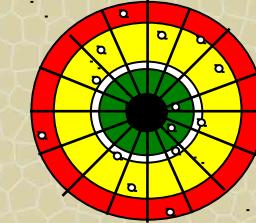


# ***Unit Risk Inventories***

Self Report Survey Information

# The Complete Risk Picture

Incidents Reported  
by Installations



Unit Risk  
Inventory



Self-Reported  
High-Risk  
Behavior  
(Survey Info)

Reintegration  
URI



# Introduction to the URI

- Screens for high-risk behaviors and attitudes that compromise unit readiness
- Asks about alcohol and drug abuse, personal and unit relationships, domestic violence, suicide, crime, perception of the Army environment, and financial problems
- URI results provide a picture of a unit's self reported high-risk behaviors

**UNIT RISK INVENTORY**  
United States Army Center for Substance Abuse Programs

**PURPOSE:** To measure a unit's risk as it relates to alcohol, other drugs, and other factors. Do not put your name on this answer sheet. Only the unit to which you belong will be identified. No information collected can be linked to you.

**INSTRUCTIONS:** Please answer the following questions honestly. Using the pencil provided, completely fill in the oval that most closely matches your answer. Do not use an eraser or highlighter. This form will be read by a machine, so it is important that you not mark outside of the oval when answering your answers. Do not use a pen to mark on the answer sheet. When rating, rate thoroughly.

**NOTICE:** This form is for your unit's use only. Do not bring this form home. Please consider that if you do not fill out this questionnaire, it will not be possible to obtain an accurate picture of your unit's risk.

Write your Unit Designation in the space below:  
[Redacted]

Write your Unit ID Code (URI) in the space below, then fill in the corresponding oval:  
[Redacted]

**PART ONE:** The following questions ask about your use of alcoholic beverages within the past 12 months. Alcoholic beverages are beer, wine and liquor (for example, whisky, brandy, etc.). Do not, in any, think with alcohol in it.

1. How often do you have a drink containing alcohol?  1 or 2  3 or 4  5 or 6  7 or 9  10 or more  
 Never  Monthly or less  Daily or almost daily

If you marked "Never", continue with Question #12. Otherwise, continue with Question #2.

2. How many drinks containing alcohol do you have on a typical day when you are drinking?  1 or 2  3 or 4  5 or 6  7 or 9  10 or more  
 Less than monthly  Monthly  Daily or almost daily

3. How often do you have one or more drinks on one occasion?  Never  Less than monthly  Monthly  Daily or almost daily  
 Less than monthly  Weekly  Daily or almost daily

4. How often during the last year have you found that you were not able to stop drinking once you started?  Never  Less than monthly  Monthly  Daily or almost daily

5. How often during the last year have you failed to do what was normally expected from you because of drinking?  Never  Less than monthly  Monthly  Daily or almost daily  
 Less than monthly  Weekly  Daily or almost daily

6. How often during the last year have you needed a first drink in order to get started?  Never  Less than monthly  Monthly  Daily or almost daily  
 Less than monthly  Weekly  Daily or almost daily

7. How often during the last year have you had a feeling of guilt or remorse after drinking?  Never  Less than monthly  Monthly  Daily or almost daily  
 Less than monthly  Weekly  Daily or almost daily

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?  Never  Less than monthly  Monthly  Daily or almost daily  
 Less than monthly  Weekly  Daily or almost daily

9. How often do you feel you have been a result of your drinking?  Never  Yes, but not in the last year  Yes, during the last year  
 No  Yes, but not in the last year  Yes, during the last year

10. Has a relative, friend, or doctor or other health worker been concerned about your drinking or suggested you cut down?  No  Yes, but not in the last year  Yes, during the last year

**PART TWO:** Please answer the following questions as they relate to you.

11. Within the past 12 months, have you ridden in a vehicle with a driver who was under the influence of alcohol?  Yes  No  
 No

12. Within the past 12 months, have you driven under the influence of alcohol or other drugs?  Yes  No  
 No

13. Do your unit leaders treat driving while intoxicated as a serious offense?  Yes  No  
 Yes

14. Within the past 12 months, have you been arrested or arrested by the police for DWI or consequences with your use of alcohol or other drugs?  Yes  No  
 Yes

15. Within the past 12 months, have you committed an illegal act while driving?  Yes  No  
 Yes

16. Within the past 12 months, have you used illegal drugs?  Yes  No  
 Yes

17. Do you work well with others in your unit?  Yes  No  
 Yes

PLEASE CONTINUE ON THE NEXT PAGE



# Unit Risk Inventory (URI)

- 53 item questionnaire
- Assesses unit propensity for risk in the following areas:
  - ◆ Alcohol/Drug use
  - ◆ Command Factors
  - ◆ Stress Levels
  - ◆ Self Perceptions
  - ◆ Relationships
  - ◆ Safe sex practices
  - ◆ Child/spouse abuse
  - ◆ Violence/Crimes
  - ◆ Suicide
  - ◆ Financial Problems



# Unit Risk Inventory (URI)

- ◆ Army Approved Command Climate Survey
- ◆ Designed for use at the company level
- ◆ Screens for high-risk behaviors and attitudes that compromise unit readiness
- ◆ Only takes 30 minutes to complete survey
- ◆ No cost to installation or units



# Sample URI Questions

## Question 1

How often do you have a drink containing alcohol?

**PART ONE:** The following questions ask you about your use of alcoholic beverages *within the past 12 months*. Alcoholic beverages are beer, wine and liquor (for example, vodka, whiskey, brandy, etc.), that is, any drink with alcohol in it.

1. How often do you have a drink containing alcohol?  
Never      2 to 4 times a month      4 or more times a week  
Monthly or less      2 to 3 times a week

If you marked "Never", continue with Question #11. Otherwise, answer the following questions.

2. How many drinks containing alcohol do you have on a typical day when you are drinking?
3. How often do you have six or more drinks on one occasion?
4. How often during the last year have you found that you were not able to stop drinking once you had started?
5. How often during the last year have you failed to do what normally expected from you because of drinking?
6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?
7. How often during the last year have you had a feeling of guilt or remorse after drinking?
8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?
9. Have you or someone else been injured as a result of your drinking?
10. Has a relative, friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?

**PART TWO:** Please answer the following questions as they relate to your work site.

11. Within the past 12 months, have you ridden in a vehicle with a driver who was under the influence of alcohol?
12. Within the past 12 months, have you driven under the influence of alcohol or other drugs?
13. Do your unit leaders treat driving while intoxicated as a serious offense?
14. Within the past 12 months, have you been detained or arrested by police or MPs in conjunction with your use of alcohol and/or other drugs?
15. Within the past 12 months, have you committed an illegal act while drinking?
16. Within the past 12 months, have you used illegal drugs?
17. Do you work well with others in your unit?

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## Question 20

Within the past 12 months, have you physically threatened anyone at your work site?

18. Do you find it hard to make friends in your unit?  
 Yes       No

19. Do you trust your chain of command enough to talk with them about a personal problem?  
 Yes       No

20. Within the past 12 months, have you physically threatened anyone at your work site?  
 Yes       No

21. Within the past 12 months, have you been discriminated against by someone in your unit because of your race, gender, religion, national origin, or perceived sexual orientation?  
 Yes       No

22. Within the past 12 months, have you been sexually harassed in your unit (for example, received unwanted verbal remarks, gestures; had your job security or evaluation compromised by requests for sexual favors; experienced a sexually threatening work place)?  
 Yes       No

23. Within the past 12 months, have you been absent from work without permission?  
 Yes       No

24. Within the past 12 months, have you gone AWOL?  
 Yes       No

25. Do you often feel angry and frustrated?  
 Yes       No

26. Do you often feel lonely?  
 Yes       No

27. How often are there people available that you can turn to for support in bad moments or illness?  
Always      Sometimes      Hardly ever  
 Always       Sometimes       Hardly ever

28. Within the past 12 months, has an important relationship with a friend, girlfriend/boyfriend, or spouse ended?  
 Yes       No

29. Within the past 12 months, how many life changes/difficult circumstances have you experienced (for example, PCS, job change, birth/adoption, marriage/divorce/separation, promotion or passover, disciplinary action, serious illness/injury, illness/death of loved one)?  
 Yes       No

30. In general, how satisfied are you with your life: (for example, work situation, social activity, accomplishing what you set out to do)?  
 Yes       No

31. Within the past 12 months, have you been in financial trouble (for example, written checks that would bounce, could not pay bills or creditors, received letters of indebtedness, declared bankruptcy)?  
 Yes       No

32. Within the past 12 months, have you had to use Army Emergency Relief, credit cards, or other loan mechanisms to pay for basic living expenses (for example, rent/mortgage, utilities, food)?  
 Yes       No

33. Within the past 12 months, have you had any suicidal thoughts?  
 Yes       No

34. If yes, did you make a plan?  
 Yes       No

PLEASE CONTINUE ON THE NEXT PAGE

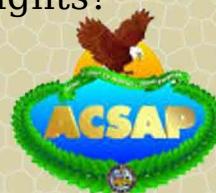
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## Question 31

Within the past 12 months, have you been in financial trouble?

## Question 33

Within the past 12 months, have you had any suicidal thoughts?



# URI Summary of Results Report

Audit results for unit

Unit risk profile with data for unit, installation, RRP

ARMY CENTER FOR SUBSTANCE ABUSE PROGRAMS

Sample Report  
Data are illustrative only.

## Unit Risk Inventory Summary of Results

WABCDE, A Company 7/564th  
Fort Swampy, FL

101 Persons Surveyed  
Administered 12 Mar 2002

### Part I: Alcohol Use Disorders Identification Test (AUDIT) Results

| Category             | Number of Respondents |
|----------------------|-----------------------|
| Problem drinkers     | 35                    |
| Non-problem drinkers | 45                    |
| Non-drinkers         | 15                    |
| Non-response         | 5                     |

Problem Drinkers

34% WABCDE  
38% Fort Swampy  
31% Army Risk Reduction Program

### Part II: Unit's Risk Profile Related to Alcohol, Drugs, and Other Factors

Survey questions refer to respondents' behavior within the past 12 months.

> indicates the unit had a greater percentage of unfavorable responses compared to either its installation or the Army RRP.

| Category                               | Unit  | Inst. | RRP |
|--|---|-------|-----|
| <b>Alcohol and Other Drug Use</b>      | 20%   | 21%   | 21% |
|  | 15%   | 16%   | 18% |
|  | > 17%   | 16%   | 16% |
|  | 1%  | 6%    | 5%  |
|  | > 10%   | 13%   | 9%  |
|  | 0%  | 4%    | 4%  |
| <b>Unit Cohesion</b>                   | 29%   | 27%   | 32% |
|  | 12%   | 13%   | 12% |
|  | > 55%   | 56%   | 44% |
|  | 7%  | 15%   | 17% |
|  | > 26%   | 24%   | 23% |
|  | 8%  | 8%    | 6%  |
| <b>Self-Perception / Relationships</b> | 22%   | 32%   | 49% |
|  | 19%   | 21%   | 21% |
|  | > 36%   | 36%   | 32% |
|  | 30%   | 28%   | 28% |
|  | > 46%   | 44%   | 50% |
|  | 63%   | 61%   | 60% |
| <b>Financial Problems</b>              | 26%   | 30%   | 34% |
|  | > 20%   | 17%   | 17% |
|  | Have been in financial trouble.                                   |       |     |
|  | Have had to use relief or loans to pay for basic living expenses. |       |     |
|  |   |       |     |
|  |   |       |     |

Unit Inst. RRP

Suicide

> 11% 12% 10% Have had suicidal thoughts.

> 21% 21% 15% Of those having suicidal thoughts, made a plan.

> 2% 3% 6% Have attempted suicide.

Other Crimes

1% 3% 4%

2% 4% 6%

0% 4% 4%

Sexual Practices

> 64% 60% 39%

> 3% 3% 4%

> 24% 22% 36%

Physical / Sexual

> 25% 24% 25%

5% 6% 10%

6% 7% 6%

6% 8% 8%

Army Environment

54% 55% 55% Have spent 31 or more days away from home due to military requirements.

57% 58% 57% Do not have enough time to relax due to job demands.

> 38% 32% 40% Are only somewhat satisfied or not satisfied with Army life.

> 23% 23% 20% Do not plan to reenlist/stay in the Army.

Enlargement

| Category                 | Unit  | Inst. | RRP |
|--------------------------|-------|-------|-----|
| <b>Suicide</b>           | 11%   | 12%   | 10% |
|                          | > 21% | 21%   | 15% |
|                          | > 2%  | 3%    | 6%  |
|                          |       |       |     |
|                          |       |       |     |
|                          |       |       |     |
| <b>Physical / Sexual</b> | 11%   | 12%   | 10% |
|                          | > 21% | 21%   | 15% |
|                          | > 2%  | 3%    | 6%  |
|                          |       |       |     |
|                          |       |       |     |
|                          |       |       |     |
| <b>Army Environment</b>  | 54%   | 55%   | 55% |
|                          | 57%   | 58%   | 57% |
|                          | > 38% | 32%   | 40% |
|                          |       |       |     |
|                          |       |       |     |
|                          |       |       |     |

Unit Inst. RRP

11% 12% 10% Have had suicidal thoughts.

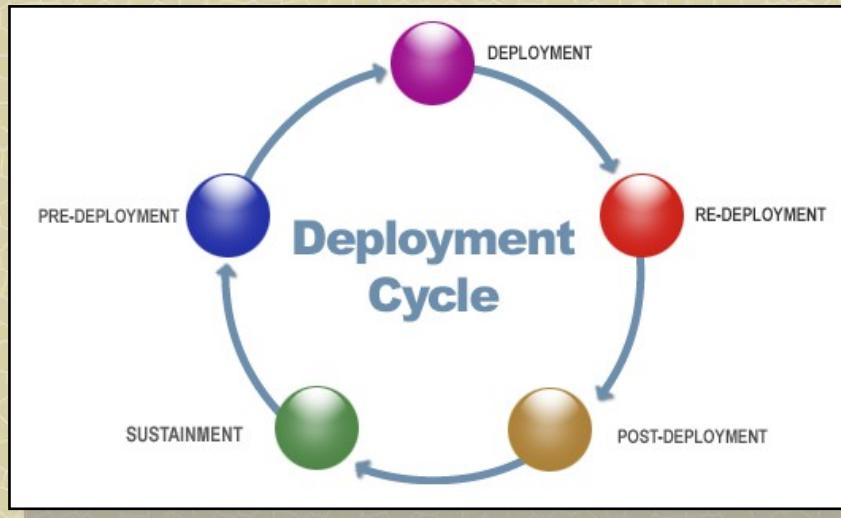
> 21% 21% 15% Of those having suicidal thoughts, made a plan.

> 2% 3% 6% Have attempted suicide.



# Reintegration Unit Risk Inventory

## R-URI



Effects of Deployment  
on  
Soldier Risk Behavior

# ***Reintegration Unit Risk Inventory***



As part of the Deployment Cycle Support Plan ACSAP developed The Reintegration Unit Risk Inventory (R-URI). The R-URI is a 79-item anonymous questionnaire designed to screen for high-risk behaviors and attitudes affecting unit readiness and personnel well being that may have occurred during deployment or since redeployment.

# ***Sample R-URI Questions***

**Question 1**  
How often do you  
have a drink  
containing alcohol?

**Question 12**  
Within the past 12 months, have you driven under the influence of alcohol or other drugs?

**PART ONE:** The following questions ask you about your use of alcoholic beverages *within the past 12 months*. Alcoholic beverages are beer, wine and liquor (for example, vodka, whiskey, brandy, etc.), that is, any drink with alcohol in it.

1. How often do you have a drink containing alcohol?

|                 |                      |                        |
|-----------------|----------------------|------------------------|
| Never           | 2 to 4 times a month | 4 or more times a week |
| Monthly or less | 2 to 3 times a week  |                        |

*If you marked "Never", continue with Question #11. Otherwise, go to Question #18.*

2. How many drinks containing alcohol do you have on a typical day when you are drinking?

3. How often do you have six or more drinks on one occasion?

4. How often during the last year have you found that you were not able to stop drinking once you had started?

5. How often during the last year have you failed to do what was normally expected from you because of drinking?

6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?

7. How often during the last year have you had a feeling of being or tummy after drinking?

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

9. Have you or someone else been injured as a result of your drinking?

10. Has a relative, friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?

**PART TWO:** Please answer the following questions as they relate to you.

11. Within the past 12 months, have you ridden in a vehicle with a driver who was under the influence of alcohol?

12. Within the past 12 months, have you driven under the influence of alcohol or other drugs?

13. Do your unit leaders treat driving while intoxicated as a serious offense?

14. Within the past 12 months, have you been detained or arrested by police or MP's in conjunction with your use of alcohol or other drugs?

15. Within the past 12 months, have you committed an illegal while drinking?

16. Within the past 12 months, have you used illegal drugs?

17. Do you work well with others in your unit?

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18. Do you find it hard to make friends in your unit?

19. Do you trust your chain of command enough to talk with them about a personal problem?

20. Within the past 12 months, have you physically threatened anyone at your work site?

21. Within the past 12 months, have you been discriminated against by someone in your unit because of your race, gender, religion, national origin, or perceived sexual orientation?

22. Within the past 12 months, have you been sexually harassed in your unit (for example, received unwanted verbal remarks, gestures; had your job security or evaluation compromised by requests for sexual favors; experienced a sexually threatening work place)?

23. Within the past 12 months, have you been absent from work without permission?

24. Within the past 12 months, have you gone AWOL?

25. Do you often feel angry and frustrated?

26. Do you often feel lonely?

27. How often are there people available that you can turn to for support in bad moments or illness?

28. Within the past 12 months, has an important relationship with a friend, girlfriend/boyfriend, or spouse ended?

29. Within the past 12 months, how many life changes/difficult circumstances have you experienced (for example, PCS, job change, birth/adoption, marriage/divorce/separation, promotion or passover, disciplinary action, serious illness/injury, illness/death of loved one)?

30. In general, how satisfied are you with your life (for example, work situation, social activity, accomplishing what you set out to do)?

31. Within the past 12 months, have you been in financial trouble (for example, written checks that would bounce, could not pay bills or creditors, received letters of indebtedness, declared bankruptcy)?

32. Within the past 12 months, have you had to use Army Emergency Relief, credit cards, or other loan mechanisms to pay for basic living expenses (for example, rent/mortgage, utilities, food)?

33. Within the past 12 months, have you had any suicidal thoughts?

34. If yes, did you make a plan?

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**Question**  
Within the months, physically anyone at si

**Question**  
Within the months, have financial t

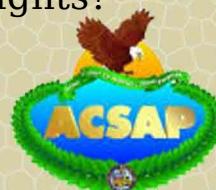
**Question**  
Within months, any suic

**Question 20**  
Within the past 12 months, have you physically threatened anyone at your work site?

**Question 31**

Within the past 12 months, have you been in financial trouble?

**Question 33**  
Within the past 12 months, have you had any suicidal thoughts?



# R-URI Summary of Results Report



## Reintegration Unit Risk Inventory Summary of Results

### Deployment information

ROLL-UP, DATE 7-12-05

Page 1 of 2

12221 Persons Surveyed

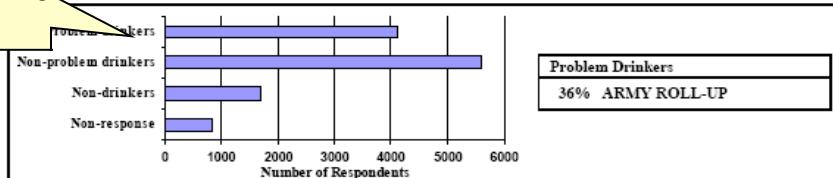
Administered 01 Jan 05

Printed 12 Jul 05

1. While deployed, served with current unit:  
87% Yes  
13% No
2. Most recent deployment:  
9% Enduring Freedom  
0% Noble Eagle  
88% Iraqi Freedom  
3% Other
3. Length of deployment:  
13% 6 months or less  
71% 7 - 12 months  
16% 13 - 24 months  
0% More than 2 years
4. Time since returning to home station:  
34% 3 months or less  
41% 4 - 6 months  
22% 7 - 12 months  
3% More than 1 year
5. This question only applies to Army Reserve and Army National Guard soldiers.

### Modified Audit results for unit

Results of the alcohol use questions. (The questions and the interpretation were derived from the AUDIT.)



#### C/D. Overview:

Presents the percentage of respondents marking significant (unfavorable) responses to the questions within each survey category.

See next page for results by question.

\*\* indicates the unit had a greater percentage of significant responses than did all surveyed units of its unit type.

#### While Deployed

##### Unit

#### Since Returning

##### Unit

#### Survey Category

|     |     |                                 |
|-----|-----|---------------------------------|
| 3%  | 9%  | Alcohol and Other Drug Abuse    |
| 15% | 15% | Unit Cohesion                   |
| 37% | 29% | Self-Perception / Relationships |
| 9%  | 11% | Financial Problems              |
| 7%  | 6%  | Suicide                         |
| 3%  | 5%  | Other Crimes                    |
| --  | 7%  | Verbal / Physical Abuse         |
| --  | 51% | Army Environment                |
| 37% | 36% | Combat / Deployment             |

#### E. Follow-up:

##### 78. Have sought help for these issues since returning.

- 5% Post-traumatic stress disorder
- 9% Marriage/relationship issues
- 4% Alcohol/drug problems
- 5% Financial management
- 6% Anger management
- 5% Mental health issues
- 6% Depression
- 1% Parenting
- 1% Suicide

##### 79. Requested information or briefing on these topics.

- 13% Post-traumatic stress disorder
- 15% Marriage/relationship issues
- 10% Alcohol/drug problems
- 16% Financial management
- 16% Anger management
- 10% Mental health issues
- 14% Depression
- 9% Parenting
- 7% Suicide

Page 2 of 2

Administered 15 Feb 02 - 08 Oct 04

unit type.

#### 10. Question Number

[1] [42]

[11] [43]

[12] [44]

[13] [45]

[14] [46]

[15] [47]

[16] [48]

[17] [49]

[18] [50]

[19] [51]

a personal problem.

[20] [52]

[21] [53]

[22] [54]

[23] [55]

[24] [56]

[25] [57]

es.

[26] [58]

[27] [59]

[28] [60]

[29] [61]

[30] [62]

[31] [63]

[32] [64]

[33] [65]

[34] [66]

[35] [67]

[36] [68]

[37] [69]

[38] [70]

[39] [71]

[40] [72]

or basic expenses.

cial problems.

employment.

[33] [73]

[34] [74]

ployment.

[35] [75]

[36] [76]

[37] [77]

[38] [78]

[39] [79]

[40] [80]

Page 2 breaks out summarized information



# R-URI Report

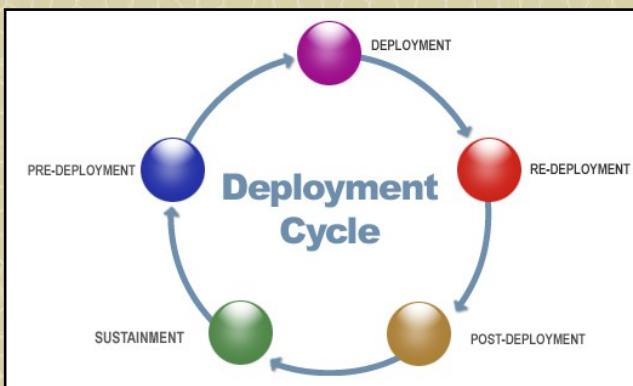
The report displays data captured from two stages of deployment.

## ◆ During deployment

Asks soldiers information relating to behavior in theater.

## ◆ Post-deployment

Asks soldiers information relating to behavior at home station during reintegration.



Page 1 of 2

**Reintegration Unit Risk Inventory Summary of Results**

ARMY ROLL-UP, DATE 7-12-05      12221 Persons Surveyed  
ARMY,      Administered 01 Jan 05  
Printed 12 Jul 05

A. 1. While deployed, served with current unit:  
87% Yes  
13% No

2. Most recent deployment:  
9% Enduring Freedom  
0% Noble Eagle  
88% Iraq Freedom  
3% Other

3. Length of deployment:  
13% 6 months or less  
71% 7 - 12 months  
16% 13 - 24 months  
0% More than 2 years

4. Time since returning to home station:  
34% 3 months or less  
41% 4 - 6 months  
22% 7 - 12 months  
3% More than 1 year

5. This question only applies to Army Reserve and Army National Guard soldiers.

B. 6 - 9. Results of the alcohol use questions. (The questions and the interpretation were derived from the AUDIT.)

Problem drinkers      Non-problem drinkers      Non-drinkers      Non-response

Problem Drinkers  
36% ARMY ROLL-UP

| Problem drinkers | Non-problem drinkers | Non-drinkers | Non-response |      |      |      |
|------------------|----------------------|--------------|--------------|------|------|------|
| 4500             | 5600                 | 1800         | 800          |      |      |      |
| 0                | 1000                 | 2000         | 3000         | 4000 | 5000 | 6000 |

C./D. Overview:      While Deployed      Since Returning      Survey Category

| Unit  | Unit | Unit                            |
|---|------|---------------------------------|
| 3%  | 9%   | Alcohol and Other Drug Abuse    |
| 15%   | 15%  | Unit Cohesion                   |
| 37%   | 29%  | Self-Perception / Relationships |
| 9%  | 11%  | Financial Problems              |
| 7%  | 6%   | Suicide                         |
| 3%  | 5%   | Other Crimes                    |
| ** indicates the unit had a greater percentage of significant responses than did all surveyed units of its unit type. | 7%   | Verbal / Physical Abuse         |
| 37%   | 51%  | Army Environment                |
| 37%   | 36%  | Combat / Deployment             |

See next page for results by question.

\*\* indicates the unit had a greater percentage of significant responses than did all surveyed units of its unit type.

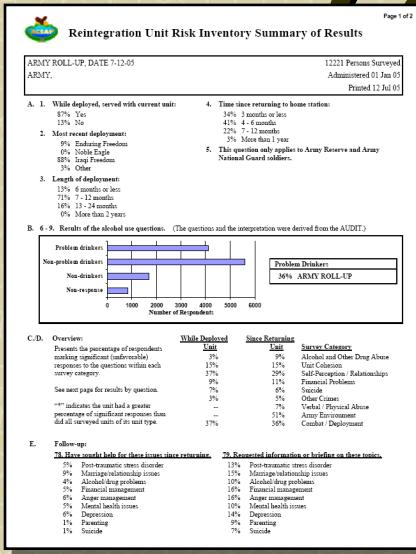
E. Follow-up:

78. Have sought help for these issues since returning.      79. Requested information or briefing on these topics.

| Issue                          | Percentage | Topic                          | Percentage |
|--------------------------------|------------|--------------------------------|------------|
| Post-traumatic stress disorder | 5%         | Post-traumatic stress disorder | 13%        |
| Marriage/relationship issues   | 9%         | Marriage/relationship issues   | 15%        |
| Alcohol/drug problems          | 4%         | Alcohol/drug problems          | 10%        |
| Financial management           | 5%         | Financial management           | 16%        |
| Anger management               | 6%         | Anger management               | 16%        |
| Mental health issues           | 5%         | Mental health issues           | 10%        |
| Depression                     | 6%         | Depression                     | 14%        |
| Parenting                      | 1%         | Parenting                      | 9%         |
| Suicide                        | 1%         | Suicide                        | 7%         |



# URI & R-URI Data Comparisons



Used illegal drugs

Attempted suicide

Drove under the influence of  
Alcohol

Had a relationship deteriorate

Often felt angry and frustrated

R-URI While  
Deployed

R-URI Since  
Returning

URI 2.0

URI 1.0

|            |            |     |     |
|------------|------------|-----|-----|
| 3%         | <b>5%</b>  | 3%  | 3%  |
| 1%         | 1%         | 1%  | 1%  |
| 4%         | <b>19%</b> | 14% | 13% |
| <b>36%</b> | <b>28%</b> | 22% | 21% |
| <b>60%</b> | <b>49%</b> | 45% | 49% |
| <b>65%</b> |            | 55% |     |



# Alcohol Abuse / Problem Drinking

**Problem Drinkers:**

|                          | <b>R-URI</b>                   | <b>URI 2.0</b>                   | <b>URI 1.0</b>                  |
|--------------------------|--------------------------------|----------------------------------|---------------------------------|
| <b>Problem Drinkers:</b> | (ongoing)<br><b><u>35%</u></b> | (2002-2005)<br><b><u>30%</u></b> | (Pre 9/11)<br><b><u>28%</u></b> |

## Drinking Scenarios:

### Problem Drinker:

- Consume 6 drinks or more in one sitting on a weekly basis.
- Consume 5 - 6 drinks, 4+ times a week.

### Non-Problem Drinker:

- Consume 6 drinks or more in one sitting on a monthly basis.
- Consume 1 - 4 drinks, 4+ times a week.

\* Using scoring criteria from: © World Health Organization, 1992. Babor, T.F., de la Fuente, J., Grant, M., Saunders, J., Programme on Substance Abuse, AUDIT, The Alcohol Use Disorders Identification Test: Guidelines for use in Primary Health Care



# ***Reintegration Unit Risk Inventory (R-URI)***

- ◆ U.S. Army Soldiers while deployed have been exposed to traumatic, stressful, and adverse situations. A wealth of research has shown convincingly that the frequency and intensity of exposure to combat experiences is strongly related to Soldiers' well-being.
- ◆ It is too early to definitively describe all factors that these Soldiers will struggle with as they reemerge into their families, their communities, and the culture at large.
- ◆ It is important to appreciate the specific demands and contexts of wars in order to raise the awareness of people back home, to prepare loved ones for Soldiers' return and to estimate the need for policy recommendations.
- ◆ Respondents to ACSAP surveys (R-URI) are showing that the combat exposed Soldiers are much more likely to be involved in high-risk behavior.



# Background Information

- ◆ As a result of the first Deployment Cycle Support planning conference in April, 2003, ACSAP was tasked to develop a version of the Risk Reduction Program Unit Risk Inventory (URI) to be administered to Soldiers returning from deployment. This version was to be administered from 90-180 days after the Soldiers redeployment. It was designed to be a tool for commanders in determining what Soldiers may need in terms of education, assistance or counseling for adjustment to the stresses they experience resulting from deployment and /or return to home station.
- ◆ In February 2004, R-URI development was completed. All Installation Risk Reduction Coordinators, affected MACOM Commanders and USARC were provided an information memorandum as to the R-URI availability, and reminded of its mandated use as referenced in Section Six of the DCS CONPLAN.

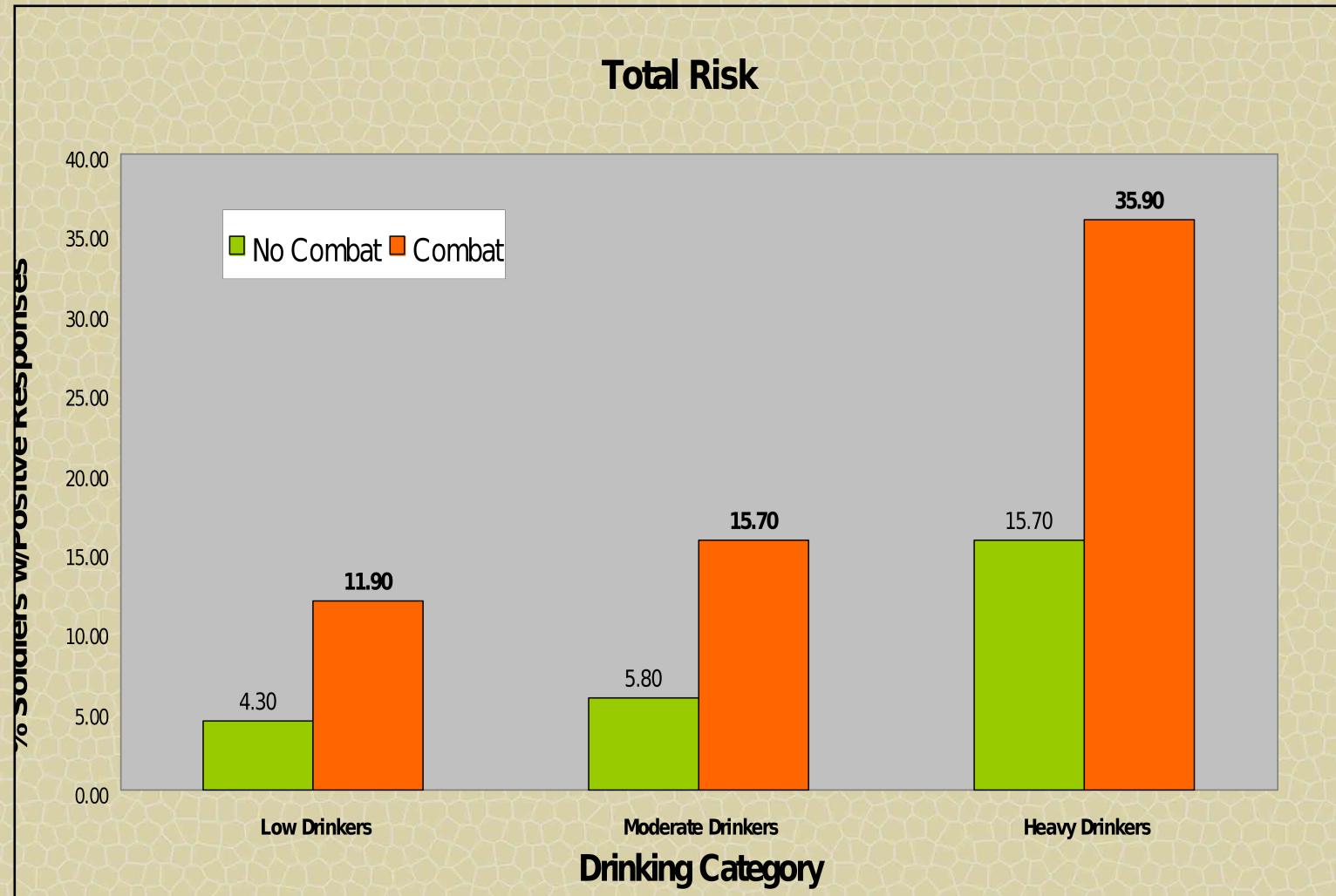


# R-URI Study Results

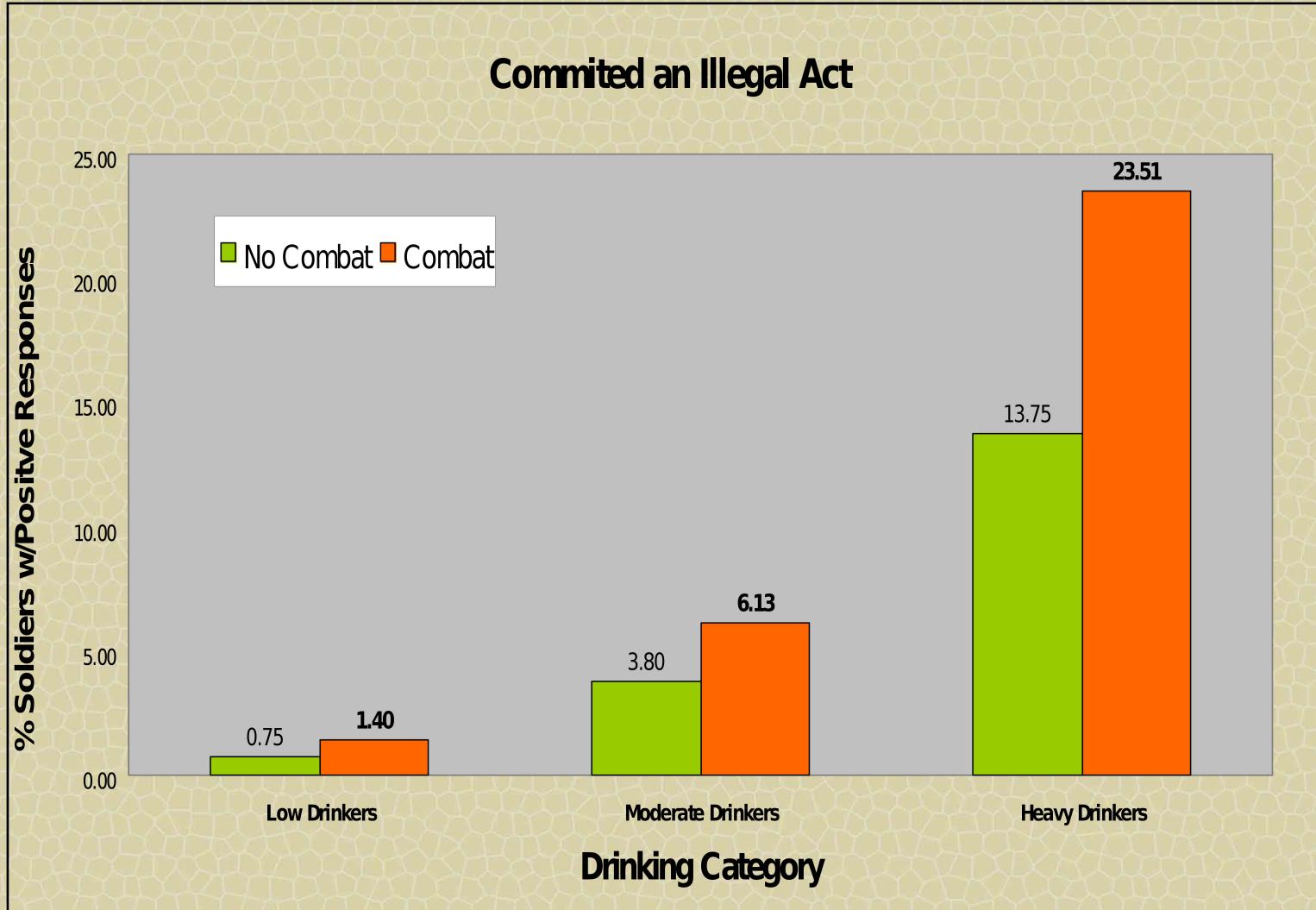
## Study Overview

- ◆ Results from the Reintegration Unit Risk Inventory indicate that potential problem drinking among Soldiers who have been deployed and returned has increased from 29 percent (Pre 9/11 Unit Risk Inventory) to 38 percent in the R-URI. (Tab 3)
- ◆ Results also indicate that the Soldiers who have been **exposed to combat** and who are **heavy drinkers** are much more likely to partake in high-risk behavior (in many cases- these Soldiers are responsible for a third of all the high-risk behaviors). The critical point here is that the Soldiers are making these responses after they have gone through all the post deployment/return to station Deployment Cycle Support training.
- ◆ Additionally, combat exposed Soldiers who are heavy drinkers are less likely to seek help as compared to Soldiers who are low drinkers and exposed to combat. For example, only 5.6% of combat exposed heavy drinkers sought help for PTSD Vs. 6.1% of low drinkers who were exposed to combat.

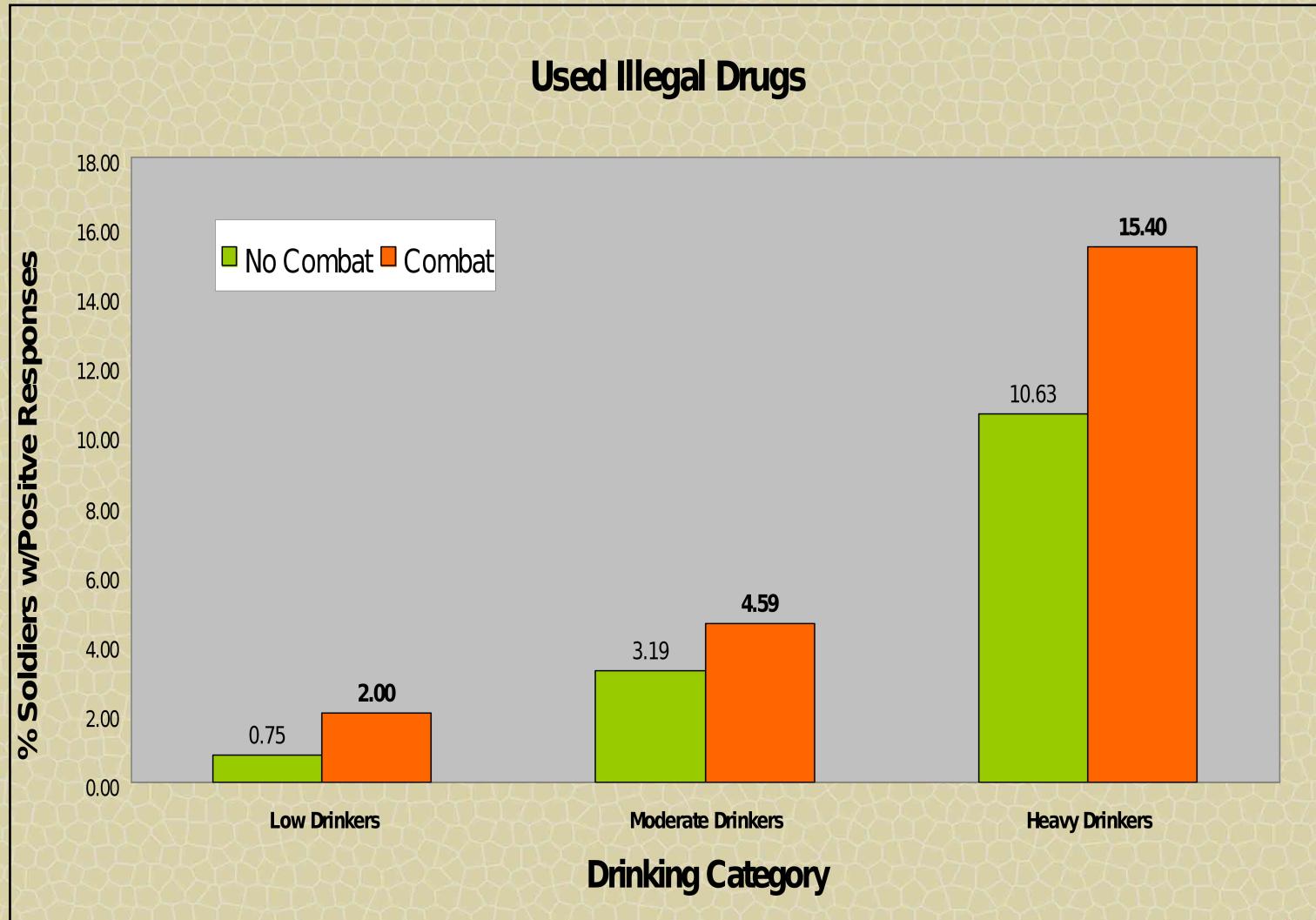
# Total Risk



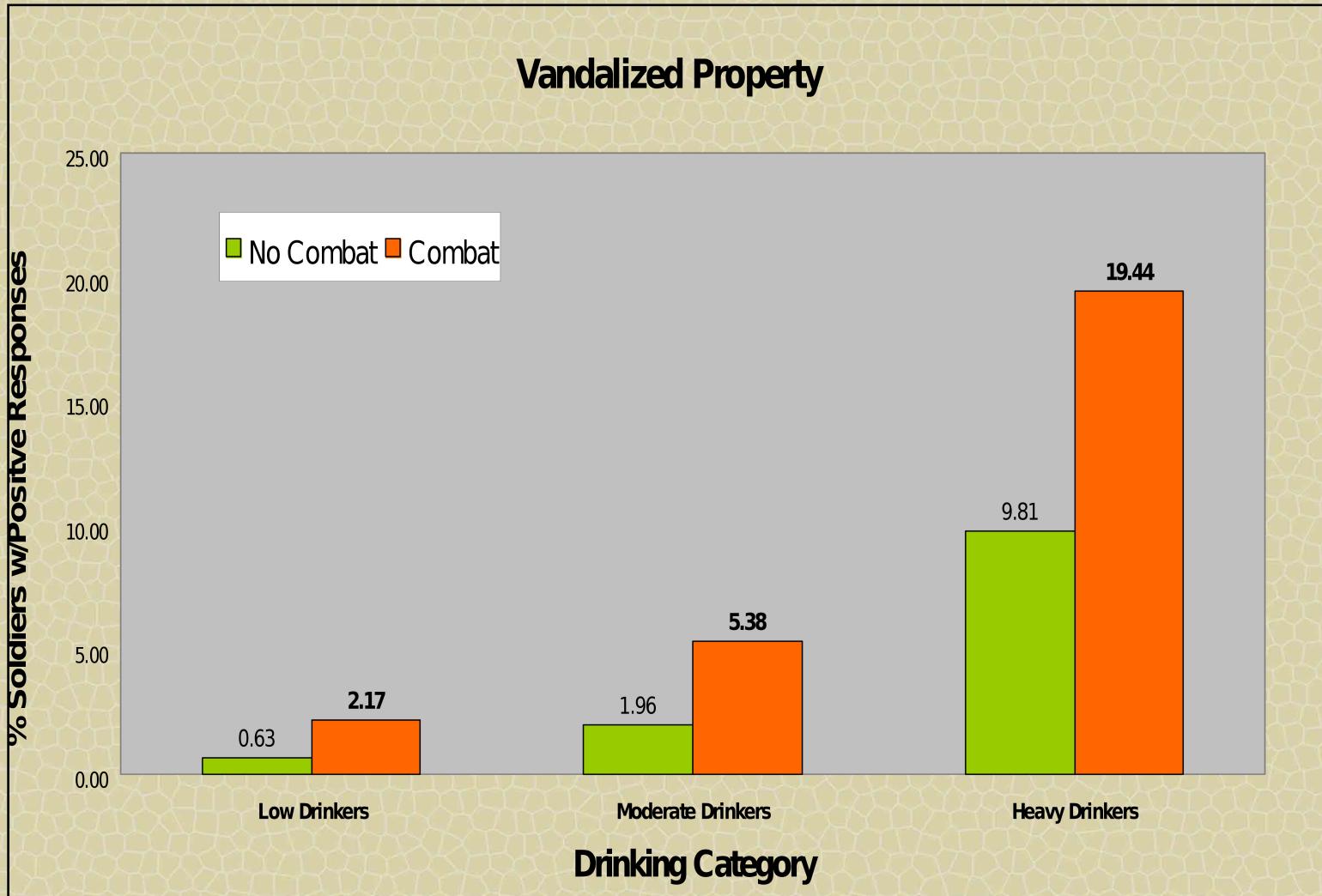
# Committed an Illegal Act



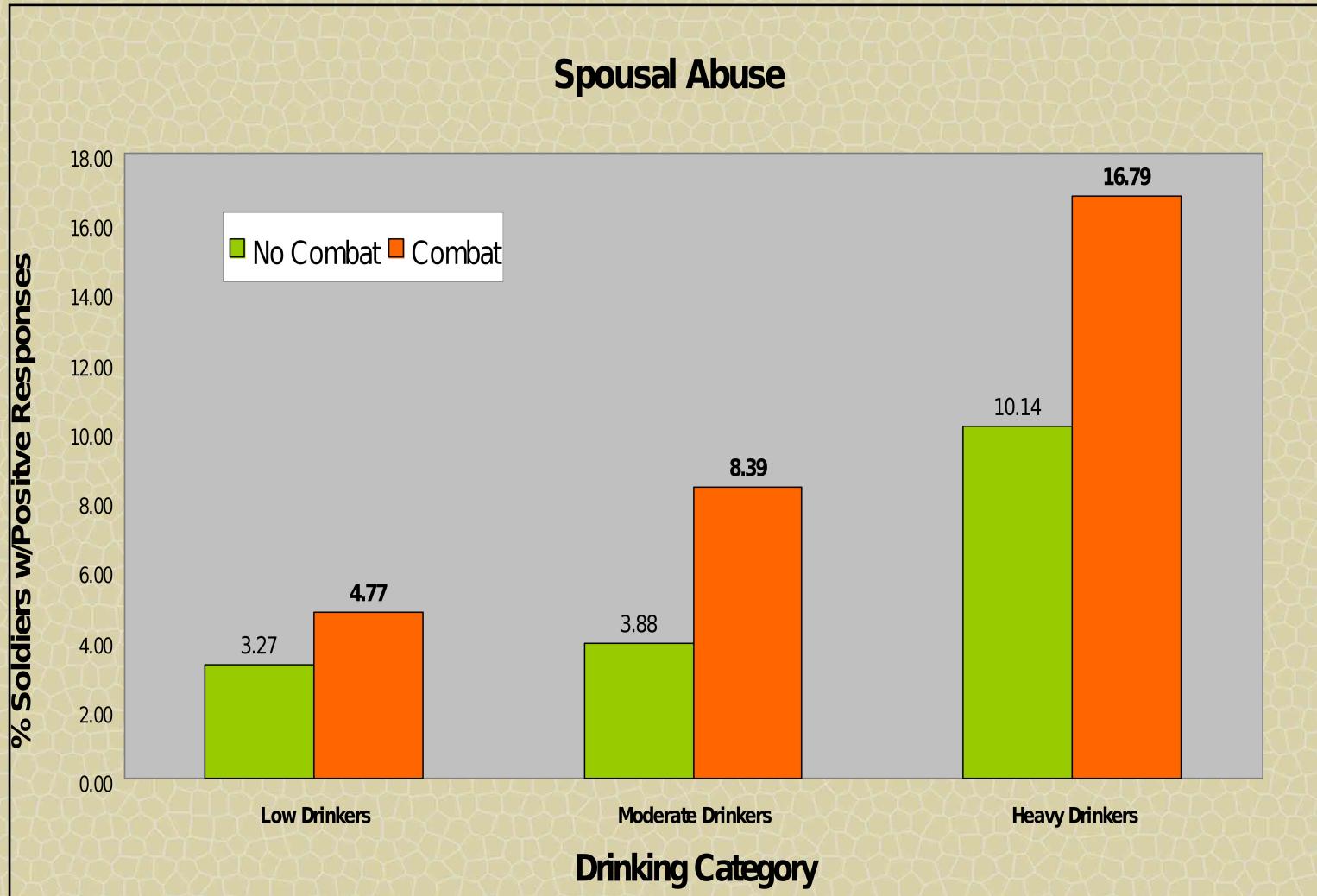
# Used Illegal Drugs



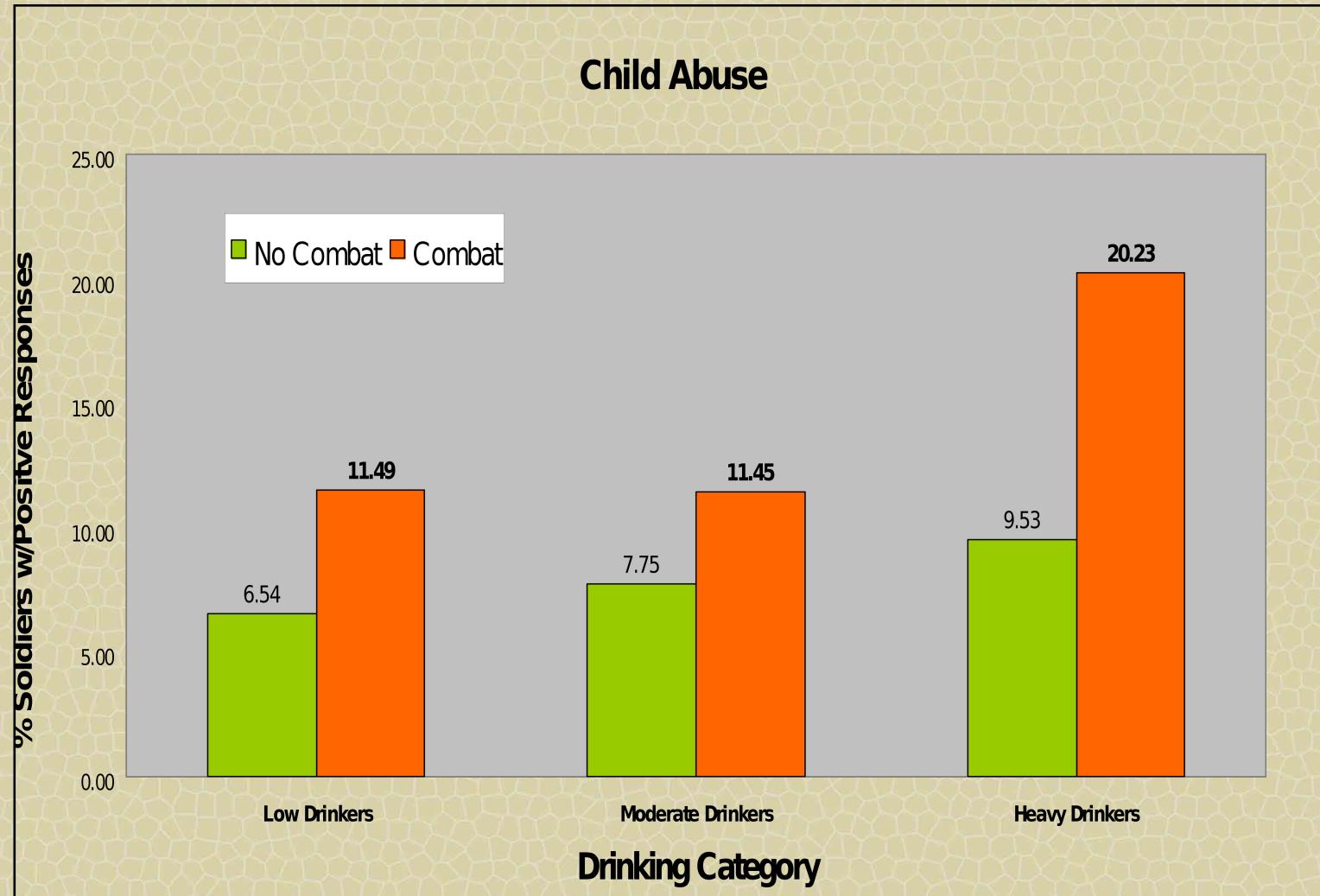
# Vandalized Property



# *Spousal Abuse*

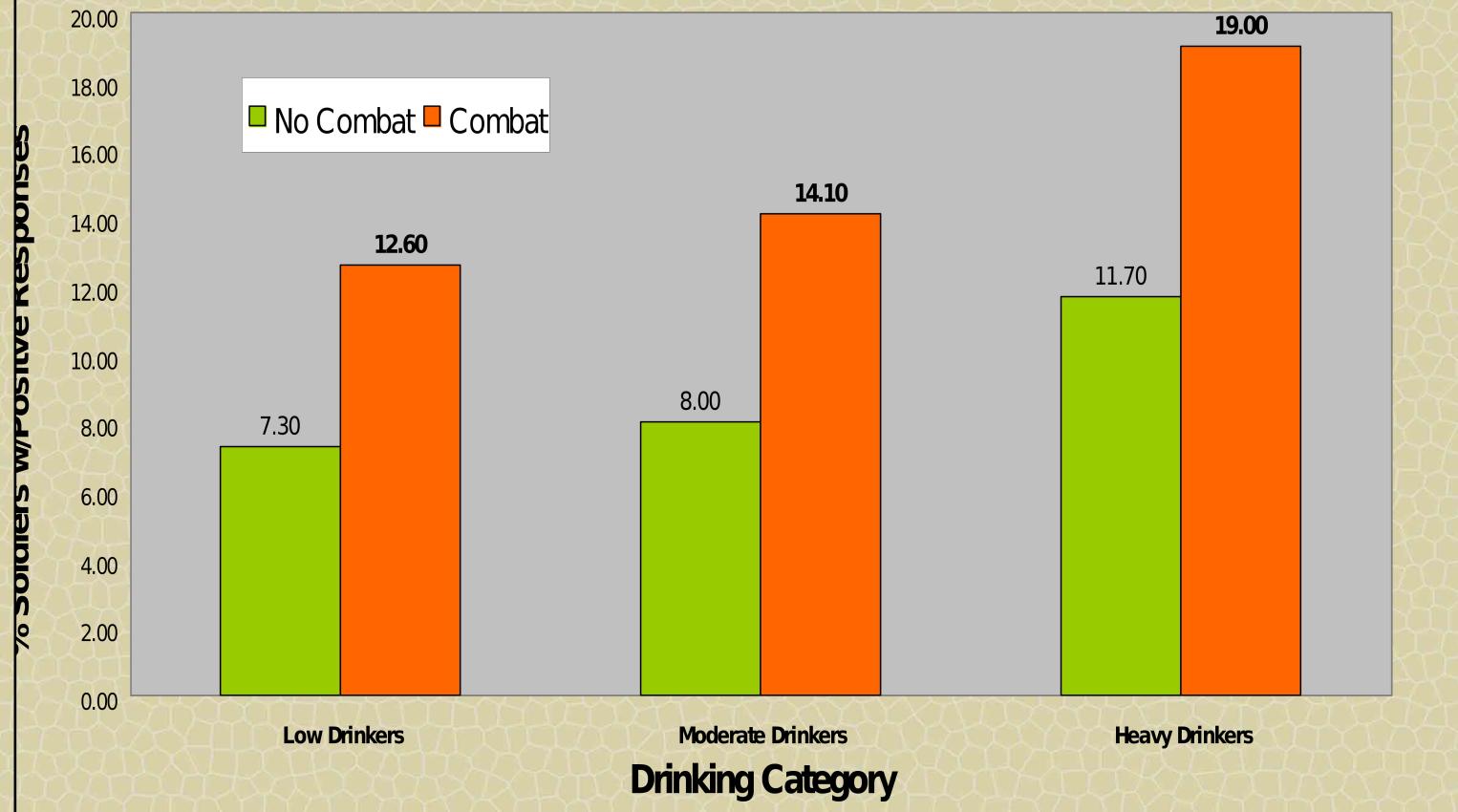


# Child Abuse



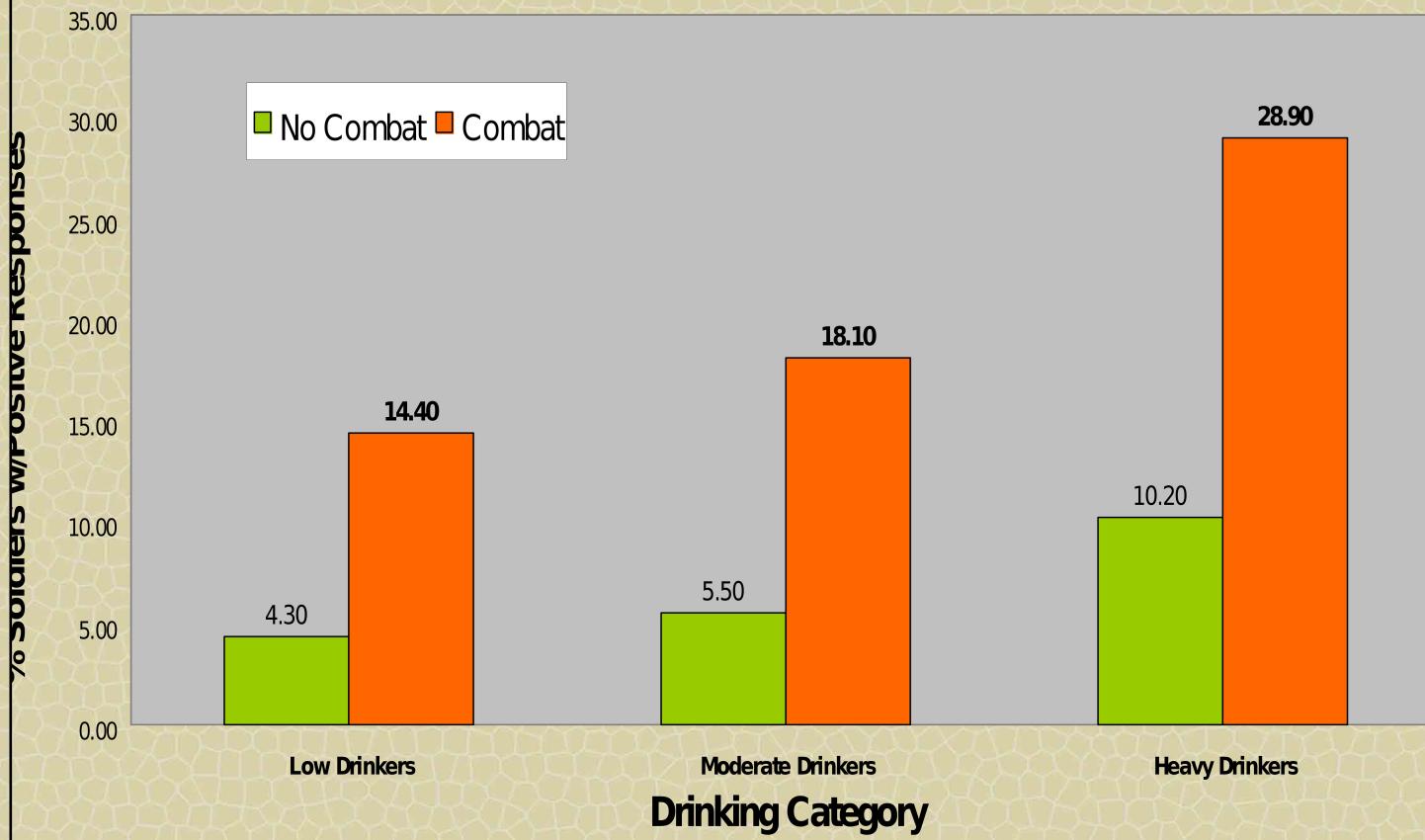
# Financial Trouble

## Been in Financial Trouble

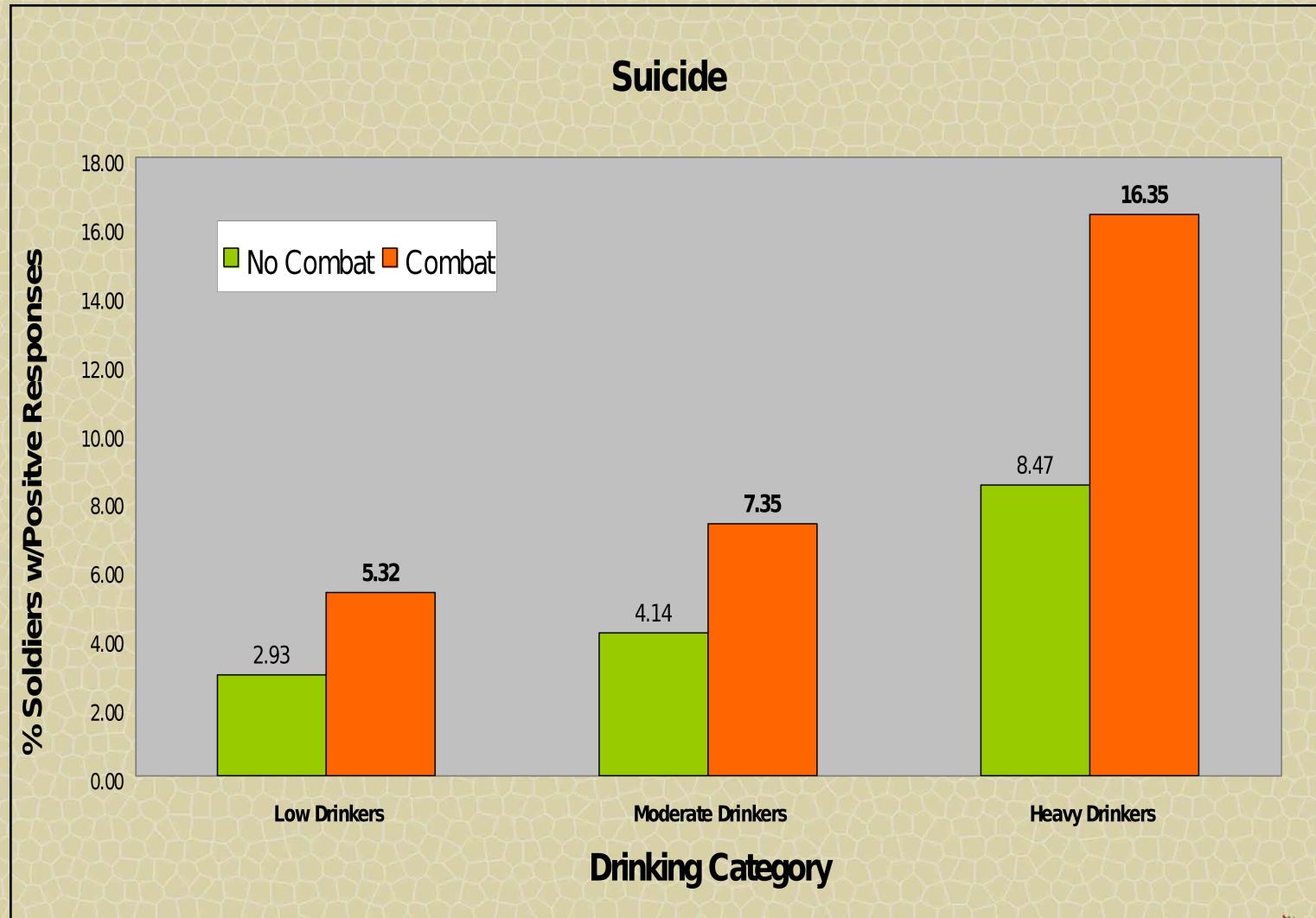


# Difficulty Accepting New Members

Have Difficulty in Accepting New Unit Members



# *Suicide*



# **The Complete Risk Picture**

Commanders need full visibility to make informed decisions!

**Valuable information on both side of the waterline.**

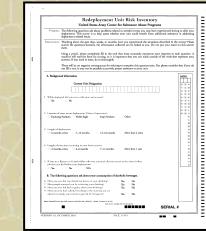
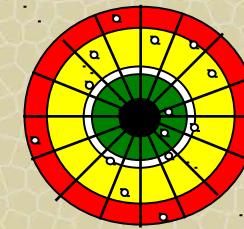
**Self-  
Reported  
High-Risk  
Behavior  
(Survey  
Info)**

**Unit Risk  
Inventory**



A photograph of a 'UNIT RISK INVENTORY' form. The form is a two-page document with various sections, questions, and a grid for marking responses. The page number '07160' is visible at the bottom right.

**Reintegration  
URI**



A photograph of a 'Reintegration Risk Inventory' form. It is a two-page document with sections, questions, and a grid for marking responses. The page number '07160' is visible at the bottom right.

# Questions

***Don't Risk Readiness !***

